

WEEK 1											
BREAKFAST	Child Meal Pattern Food Components:	MONDAY	On Receipt	TUESDAY	On Receipt	WEDNESDAY	On Receipt	THURSDAY	On Receipt	FRIDAY	On Receipt
	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Vegetable/Fruit/Juice	Apples	No	Fresh Fruit	No	Mandarin Oranges	No	Apple Slices	No	Fresh Fruit	No
	Grain/Bread	Waffles w/ Sausage	No	Cheerios Cereal	No	Bread w/ Sliced Cheese (100% whole grain)	No	Cheerios	No	Cornflakes Cereal	No
LUNCH	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Meat/Meat Alternate	Baked Sliced Ham	No	Fish Sticks (CN Label)	No	Baked Chicken	No	Spaghetti w/ Meat Sauce	No	Chicken Nuggets (CN Label)	No
	Vegetable	Mashed Potatoes	No	Green Beans	No	Mixed Vegetables	No	Green Salad	No	Tossed Salad	No
	Vegetable or Fruit	Green Beans	No	Corn on the Cob	No	Baked Potato	No	Steamd Carrots	No	Baked Potato	No
	Grain/Bread	WG Bread (100% whole grain)	No	Whole Grain Roll (100% whole grain)	No	Bread	No	Whole Grain Roll (100% whole grain)	No	Whole Grain Bread (100% whole grain)	No
SNACK <i>Select 2 different Components</i>	Milk Meat/Meat Alternate	Peanut Butter	No	Milk	No	String Cheese	No	Milk	No	Assorted Crackers	No
	Vegetable/Fruit/Juice Grain/Bread	Pretzels	No	Animal Crackers	No	Saltine Crackers	No	Fish Shaped Crackers	No	Pineapple	No
<p>Refer to Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified. Milk must be served with each breakfast, lunch and supper meal.</p> <p>Milk must be served with snack as indicated.</p> <p>Children 1 year of age, whole milk (unflavored) must be served. Children 2-5 years of age must be served 1% or fat free milk (unflavored). Children 6-12 years of age must be served 1% or fat free milk (unflavored or flavored).</p>											

WEEK 2											
BREAFAST	Child Meal Pattern Food Components:	MONDAY	On Receipt	TUESDAY	On Receipt	WEDNESDAY	On Receipt	THURSDAY	On Receipt	FRIDAY	On Receipt
		Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk
	Vegetable/Fruit/Juice	100% Orange Juice	No	Banana	No	Fresh Fruit	No	Apple Slices	No	Fresh Fruit	No
	Grain/Bread	Muffin	No	French Toast Sticks	No	Bagel w/cream cheese	No	Kix Cereal	No	Kix Cereal	No
LUNCH	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Meat/Meat Alternate	Grilled Cheese and Ham Sandwich	No	Chicken Stir Fry	No	Homemade Sloppy Joe	No	BBQ Chicken	No	Fish Sticks (CN Label)	No
	Vegetable	Tossed Salad	No	Vegetables (in entrée)	No	Mixed Vegetables	No	Garden Salad	No	Corn	No
	Vegetable or Fruit	Diced Pears	No	Corn	No	Apple Slices	No	Baked Potato	No	Green Beans	No
	Grain/Bread	Whole Grain Bread (100% whole grain)	No	Whole Grain Roll (100% whole grain)	No	Hamburger Roll	No	Whole Grain Bread (100% Whole Grain)	No	Whole Grain Bread (100% whole grain)	No
SNACK <i>Select 2 different Components</i>	Milk Meat/Meat Alternate	Milk	No	Milk	No	String Cheese	No	Cheese	No	Assorted Crackers	No
	Vegetable/Fruit/Juice Grain/Bread	Peanut Butter Crackers	No	Pretzels	No	Whole Grain Bread (100% whole grain)	No	Soft Tortilla	No	Mandarin Oranges	No
<p>Refer to Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified. Milk must be served with each breakfast, lunch and supper meal.</p> <p>Milk must be served with snack as indicated.</p> <p>Children 1 year of age, whole milk (unflavored) must be served. Children 2-5 years of age must be served 1% or fat free milk (unflavored). Children 6-12 years of age must be served 1% or fat free milk (unflavored or flavored).</p>											

WEEK 3											
BREAKFAST	Child Meal Pattern Food Components:	MONDAY	On Receipt	TUESDAY	On Receipt	WEDNESDAY	On Receipt	THURSDAY	On Receipt	FRIDAY	On Receipt
	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Vegetable/Fruit/Juice	Fruit Salad	No	Banana	No	Apple Slices	No	Mandarin Oranges	No	Fresh Fruit	No
	Grain/Bread	Cheerios	No	Cheerios Cereal	No	Muffin	No	Whole Grain Bread (100% whole grain) Toast w/cream cheese	No	Multigrain Cheerios	No
LUNCH	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Meat/Meat Alternate	Black Beans	No	Baked Chicken	No	Sloppy Joe	No	Chicken Tacos	No	Chicken Nuggets (CN Label)	No
	Vegetable	Corn	No	Green Beans	No	Mixed Vegetables	No	Lettuce	No	Tossed Salad	No
	Vegetable or Fruit	Tomatoes	No	Baked Potato	No	Pears	No	Tomatoes	No	Baked Potato	No
	Grain/Bread	Yellow Rice	No	Whole Grain Bread (100% whole grain)	No	Whole Grain Bread (100% whole grain)	No	Hard or Soft Tacos	No	Whole Grain Bread (100% whole grain)	No
SNACK <small>Select 2 different Components</small>	Milk Meat/Meat Alternate	Cheese Slices	No	Milk	No	Graham Crackers	No	Milk	No	String Cheese	No
	Vegetable/Fruit/Juice Grain/Bread	Whole Grain Bread (100% whole grain)	No	Pretzel	No	100% Apple Juice	No	Fish Shape Crackers	No	Animal Crackers	No
<p>Refer to Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified. Milk must be served with each breakfast, lunch and supper meal.</p> <p>Milk must be served with snack as indicated.</p> <p>Children 1 year of age, whole milk (unflavored) must be served. Children 2-5 years of age must be served 1% or fat free milk (unflavored). Children 6-12 years of age must be served 1% or fat free milk (unflavored or flavored).</p>											

WEEK 4											
BREAFAST	Child Meal Pattern Food Components:	MONDAY	On Receipt	TUESDAY	On Receipt	WEDNESDAY	On Receipt	THURSDAY	On Receipt	FRIDAY	On Receipt
		Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk
	Vegetable/Fruit/Juice	100% Apple Juice	No	Fresh Fruit	No	Pears	No	Apples	No	Fruit Cocktail	No
	Grain/Bread	Bagel w/ Cream Cheese	No	French Toast Sticks	No	Mini Pancakes	No	English Muffin	No	Kix Cereal	No
LUNCH	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Meat/Meat Alternate	Hamburger	No	PB & J Sandwich	No	Sliced Ham	No	Homemade Sloppy Joe	No	Chicken Nuggets (CN Labels)	No
	Vegetable	Mashed Potato	No	Green Beans	No	Steamed Carrots	No	Mixed Vegetables	No	Baked Potato	No
	Vegetable or Fruit	Pineapple	No	Banana	No	Baked Potato	No	Banana	No	Tossed Salad	No
	Grain/Bread	Yellow Rice/ Whole Grain Roll (100% whole grain)	No	Whole Grain Roll (100% whole grain)	No	Mac & Cheese (pasta)	No	Whole Grain Roll (100% Whole Grain)	No	Whole Grain Bread (100% whole grain)	No
SNACK <i>Select 2 different Components</i>	Milk Meat/Meat Alternate	Milk	No	Milk	No	Milk	No	Animal Crackers	No	Pretzels	No
	Vegetable/Fruit/Juice Grain/Bread	Peanut Butter Crackers	No	Graham Crackers	No	Whole Grain Bread (100% whole grain) w/butter	No	Pineapple	No	Diced Pears	No
<p>Refer to Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified. Milk must be served with each breakfast, lunch and supper meal.</p> <p>Milk must be served with snack as indicated.</p> <p>Children 1 year of age, whole milk (unflavored) must be served. Children 2-5 years of age must be served 1% or fat free milk (unflavored). Children 6-12 years of age must be served 1% or fat free milk (unflavored or flavored).</p>											

WEEK 5											
BREAFAST	Child Meal Pattern Food Components:	MONDAY	On Receipt	TUESDAY	On Receipt	WEDNESDAY	On Receipt	THURSDAY	On Receipt	FRIDAY	On Receipt
		Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk
	Vegetable/Fruit/Juice	Apples	No	Banana	No	Seasonal Fresh Fruit	No	Fresh Fruit	No	Diced Pears	No
	Grain/Bread	Whole Grain Toast (100% whole grain) w/ Sausage	No	Bagel w/butter	No	Cheerios	No	English Muffin	No	Honey Bunches of Oats	No
LUNCH	Milk	Milk	No	Milk	No	Milk	No	Milk	No	Milk	No
	Meat/Meat Alternate	Hotdogs (CN Labels)	No	Cheeseburger	No	Roast Pork	No	BBQ Chicken	No	Turkey Sandwich	No
	Vegetable	Baked Potato	No	Lettuce	No	Steamed Carrots	No	Corn	No	Broccoli	No
	Vegetable or Fruit	Corn	No	Sliced Tomato	No	Mashed Potato	No	Fresh Fruit	No	Tossed Salad	No
	Grain/Bread	Hotdog Bun	No	Bun	No	Whole Grain Roll (100% whole grain)	No	Whole Grain Bread (100% whole grain)	No	Whole Grain Bread (100% whole grain)	No
SNACK <i>Select 2 different Components</i>	Milk Meat/Meat Alternate	Banana	No	Milk	No	Cheese Slices	No	Ham Sliced	No	Assorted Crackers	No
	Vegetable/Fruit/Juice Grain/Bread	Cheese Crackers	No	Peanut Butter & Jelly Sandwich on 100% Whole Grain Bread	No	Cuban Crackers	No	Bread	No	Diced Pears	No
<p>Refer to Child Care Food Program Meal Pattern for Children when planning portion sizes for age groups specified. Milk must be served with each breakfast, lunch and supper meal.</p> <p>Milk must be served with snack as indicated.</p> <p>Children 1 year of age, whole milk (unflavored) must be served. Children 2-5 years of age must be served 1% or fat free milk (unflavored). Children 6-12 years of age must be served 1% or fat free milk (unflavored or flavored).</p>											